

# Elias Allara - *Curriculum Vitae*

## Education

Oct 2015 - Sep 2018 (expected)	PhD in Public Health and Primary Care. University of Cambridge, UK
May 2010 - May 2015	Specialist diploma in Hygiene and Preventive Medicine. University of Turin, Italy
Oct 2002 - Jul 2009	Medical degree. Università del Piemonte Orientale Medical School, Novara, Italy

## Employment

Aug-Sep 2015	Research associate. Department of Translational Medicine, Università del Piemonte Orientale, Novara, Italy
Jul-Sep 2015	Medical director. Nursing Home of Vercelli, Vercelli, Italy
May 2010 - May 2015	Specialist registrar in Hygiene and Preventive Medicine. University of Turin, Italy

## Selected publications

1. **Allara E**, Ferri M, Bo A, Gasparrini A, Faggiano F. Are mass-media campaigns effective in preventing use and intention to use illicit drugs? A systematic review and meta-analysis. *BMJ Open* 2015, 5(9):e007449
2. Dal Molin A, Faggiano F, Bertocchini F, Buratti G, Busca E, Casarotto R, Gaboardi S, **Allara E**. Bed rest for preventing complications after transfemoral cardiac catheterisation: a protocol of systematic review and network meta-analysis. *Systematic Reviews* 2015, 4:47
3. **Allara E**, Angelini P, Gorini G, Bosi S, Carreras G, Gozzi C, Martini A, Tamelli M, Storani S, Faggiano F. A prevention programme for multiple health-compromising behaviors in adolescence: baseline results from a cluster randomized controlled trial. *Preventive Medicine* 2014, 71:20-26
4. Faggiano F, **Allara E**, Giannotta F, Molinar R, Sumnall H, Wiers R, Michie S, Collins L, Conrod P. Europe needs a central, transparent, and evidence-based approval process for behavioural prevention interventions. *PLOS Medicine* 2014, 11(10)
5. Faggiano F, **Allara E**. Passive smoke exposure and type-2 diabetes: is it time for action? *Endocrine* 2014, 47(2):348-350
6. Dal Molin A, **Allara E**, Montani D, Milani S, Frassati C, Cossu S, Tonella S, Brioschi D, Rasero L. Flushing the central venous catheter: is heparin necessary? *The Journal of Vascular Access* 2014, 15(4):241-248
7. Ferri M, **Allara E**, Bo A, Gasparrini A, Faggiano F. Media campaigns for the prevention of illicit drug use in young people. *The Cochrane Library* 2013, 6:CD009287
8. Gorini G, Carreras G, **Allara E**, Faggiano F. Decennial trends of social differences in smoking habits in Italy: a 30-year update. *Cancer Causes & Control* 2013, 24(7)

Full list of publications available at <https://scholar.google.com/citations?user=M4Aeoy8AAAAJ>

## Teaching experience

Jan 2017	Critical Appraisal of Clinical Studies (Postgraduate Course in Evidence-based practice for chronic and degenerative diseases, Università del Piemonte Orientale, Italy)
2011 - 2014	Drugs Approval Process (BSc & MSc Biotechnology, Università del Piemonte Orientale, Italy)
Apr 2011	Formal epidemiology teaching (Postgraduate Course in Clinical Trials, Università del Piemonte Orientale, Italy)
Nov 2011	Epidemiology and Prevention of Infectious Diseases (Medicine, Università del Piemonte Orientale, Italy)
Jan 2011	Clinical Governance (MSc Nursing, Università del Piemonte Orientale, Italy)

## Languages

Italian	Native
English	IELTS Band 8 (Reading 8.5; Listening 7.5; Speaking 8; Writing 7.5)
German	Independent User* (Reading B2; Listening A2; Speaking A2; Writing B1)
Spanish	Independent User* (Reading B2; Listening A2; Speaking A2; Writing B1)

\* Common European Framework of Reference for Languages

*References available upon request*